

SEPTEMBER 2018

FOLSOM CROSS COUNTRY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL MEETS BEGIN AT 3:45						
<u>Must have a sports Physical to participate!</u>					7	8
<i>Sports physical paperwork can be found on Folsom School website.</i>					XC MEETING	
9	10 QUALIFY/ PRACTICES 3:20-4:30	11 QUALIFY/ PRACTICES 3:20-4:30	12 QUALIFY/ PRACTICES 3:20-4:30	13 QUALIFY/ PRACTICES 3:20-4:30	14	15
	17 Practice 3:20-4:30	18 Practice 3:20-4:30	19	20 Practice 3:20-4:30	21	22
Estell Manor 128 Cape May Ave Estell Manor (30 min)	24 Practice 3:20-4:30	25 ESTELL MANOR AWAY Bus leaves 3:00 Bus returns 5:15	26	27 N.WILDWOOD HOME 3:45	28	29
30						

OCTOBER 2018

FOLSOM CROSS COUNTRY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
St. Joe: 11 Harbor Ln Somers PT (35 min)	1 Practice 3:20-4:30	2 ST. JOSEPH AWAY Bus leaves 2:40 Bus returns 5:30	3	4 ST. MARY'S HOME 3:45	5 IN-SERVICE NO SCHOOL STUDENTS	6
Bishop Mc Hugh 2221 US 9 Cape May Court house (50 min)	8 NO SCHOOL	9 BISHOP Mc HUGH AWAY Bus leaves 2:45 Bus returns 5:30	10	11 Practice 3:20-4:30	12 ESTELL MANOR HOME 3:45	13
Assumption 146 S. Pitney Galloway (35 min)	15	16 ASSUMPTION AWAY Bus leaves 2:40 Bus returns 5:30	17 Practice 3:20-4:30	18 ST. JOSEPH HOME 3:45	19	20
St. Mary's 735 Union Rd Vineland (25 min)	22 ST. MARY'S AWAY Bus leaves 2:40 Bus returns 5:30	23 1/2 DAY PARENT CONF.	24 1/2 DAY PARENT CONF.	25 1/2 DAY PARENT CONF.	26 Practice 3:20-4:30	27
28	29 ASSUMPTION HOME 3:45 <u>AFTER MEET</u> <u>PIZZA PARTY</u>	30	31			